

Radiogram 8876u                      Form 24 for 09/25/04  
**Weekly Housekeeping. Crew Off-Duty**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:30		Weekly housekeeping
10:30-10:50		ISS crew / Program management weekly conference ( <i>S-band</i> )
10:55-11:00	FE-1	Maintenance area set up
11:00-12:00	CDR	Physical Exercise (TVIS) day 4
11:10-11:55	FE-1	Soldering in space: Experiment set up
11:55-12:10	FE-1	Soldering in space: Soldering iron set up
12:00-12:30	CDR	Physical Exercise (RED)
12:10-12:25	FE-1	PCS reboot (once a week)
12:25-12:30	FE-1	SSC OCA router reboot
12:30-13:30		LUNCH
13:30-14:00		Weekly planning conference ( <i>S-band</i> )
14:00-16:00	FE-1	Soldering in space: experimental test #3
14:00-14:20	CDR	Motorola phone charge: system set up, start of recharge. Tagup with specialists as necessary ( <i>S-band</i> )
14:50-14:55	CDR	Motorola phone charge: monitoring
15:25-15:30	CDR	Motorola phone charge: monitoring
15:30-15:40	CDR	Motorola phone charge: system set up teardown, end of recharge
16:00-17:30	FE-1	Physical Exercise (RED)
17:30-17:45	FE-1	Soldering in space: soldering iron stowage
17:45-18:00	FE-1	Equipment stowage to protect maintenance area
18:00-19:00	CDR	Physical Exercise (VELO + Force Loader/cycle 1) day 4
18:05-18:20	FE-1	PFC ( <i>S-band</i> )
18:20-18:30	FE-1	Food questionnaire
18:30-19:30	FE-1	Physical Exercise (CEVIS)
19:00-19:30	CDR	COЖ maintenance ( <i>Inspection of БРПК</i> )
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
<b>Task List</b>	CDR	DIATOMEA
		БСПН data copying via ISS Wiener
		URAGAN

**Note:** See OSTP for reference to US activities  
End of radiogram